

**Women, Infants, and
Children (WIC)
704-216-8777 Option 4**

WIC is a nutrition program for women, infants and children.

WIC provides vouchers for the following *healthy foods* at no cost:

- * Milk
- * Juice
- * Cheese
- * Dried beans and peas
- * Infant formula
- * Eggs
- * Cereal
- * Peanut butter
- * Infant cereal/foods
- * Fruit & vegetables

WIC also provides *nutritional information* on the following topics:

- * Infant feeding
- * Breastfeeding
- * Nutrition for healthy pregnancy
- * Child growth and development
- * Special diets
- * Food buying

WIC also provides *breastfeeding guidance, education and support.*

By Appointment Only

Please call between 8:00am and 9:00am and leave a message.

Applicants must be seen by WIC staff to determine eligibility.

**Prenatal Services
704-216-8882**

- * Prenatal Care is provided to residents of Rowan County
- * Services are provided by local OB/GYNs
- * Financial eligibility is determined and a sliding fee scale is applied
- * Payment is based on income; Medicaid is accepted

Please call for an appointment.

**Environmental Health
402 N. Main Street
Salisbury NC 28144
704-216-8525**

Environmental Health Specialists provide the following services:

- * Inspection of food establishments, public/private schools, motels, child care centers, and public swimming pools.
- * Inspection of wells and septic systems (except for sale or refinancing of property)
- * Collection of private well water samples for bacteria, minerals, and petroleum analysis (except for sale or refinancing of property)
- * Investigation of child lead poisoning cases
- * Investigation of public health nuisance complaints

**Rowan County
Health Department
1811 East Innes Street
Salisbury NC 28146**

704-216-8777

Toll Free in Rowan County

Business Hours:

Monday-Friday 8am-5pm

**[www.rowancountync.gov/
healthdepartment](http://www.rowancountync.gov/healthdepartment)**



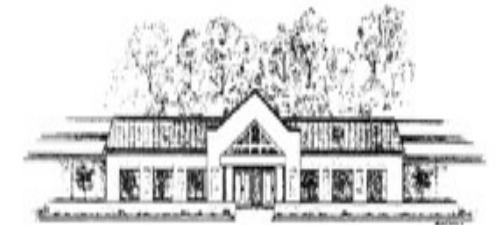
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Rowan County



Public Health

Prevent. Promote. Protect.



*"Improving Rowan's health
for
more than 97 years."*

Who Are We?

- * Administrative Support Staff
 - * Dental Staff
- * Environmental Health Specialists
- * Health Educators
- * Laboratory Staff
 - * Nurses
 - * Nutritionists
- * Office Assistants
- * Social Workers

What Do We Do?

Our mission is to provide and to encourage the provision of quality public health programs that protect and promote health, prevent and control disease, reduce and rehabilitate disability, as well as establish and maintain healthful lifestyles in a safe environment. This will be accomplished by assessing local health needs, developing public health policies, and assuring delivery of needed community services.

Appointments and Fees

Appointments are necessary for most services. The cost of most services are based on your income. Medicaid is accepted.

Family Health Services 704-216-8782

Family Health Services provides well and sick care services for families with Medicaid, Health Choice, insurance as well as to those who are self-pay. Well and sick care is provided for adults and children. Services include:

- * Physical exams for adults and children including kindergarten and school physicals
- * Minor surgical procedures such as mole removal and small wound sutures
- * Developmental screening for children
- * Annual women's health physicals
- * Breast and cervical cancer screening
- * Contraceptive methods and education
- * Prenatal services for pregnant women
- * Tuberculosis testing and treatment
- * Sexually transmitted disease testing and treatment
- * HIV testing and counseling
- * Communicable disease follow-up and education

Please call for an appointment.

Smile Center for Children 704-216-8796

Dental Health Staff provide the following services:

- * Dental care in clinic setting to children through 17 years of age.
- * Medicaid and Health Choice insurance accepted.

NC Oral Health Section 704-639-7727

A Public Health Dental Hygienist provides the following services:

- * Conducts dental screenings in schools
- * Supports the fluoride mouth rinse program in elementary schools
- * Provides oral health education program in schools
- * Provides presentations to community

Family Care Management 704-216-8795

Care Managers provide the following services:

- * Care Coordination for Children Care Management services are provided for all Medicaid children birth to 5 years of age who are determined to be high-risk and qualify for services
- * Pregnancy Care Management services are provided for pregnant Medicaid recipients who are determined to be at risk for poor birth outcome

Health Education 704-216-8795

Health Educators help residents adopt a healthy lifestyle.

- * **Healthy Rowan!** Task Force is this community's state certified Healthy Carolinians Task Force whose mission is working together to improve the quality of life and health of Rowan County residents.
- * **Rowan Partnership for Community Health** encourages active living and healthy eating.
- * **Health Link - Healthy Families Rowan County** promotes infant and child health, supports healthy pregnancies and family planning practices.
- * **Smoke Free Rowan** encourages local businesses & organizations to voluntarily adopt an indoor smoke-free policy www.smokefreerowan.com

Immunizations 704-216-8786

Immunization Clinic provides the following services:

- * For children birth through age 18: Diphtheria, Pertussis, Measles, Mumps, Rubella, Polio, Meningitis, Hepatitis B, Tetanus, and Chicken Pox
- * For adults: MMR, Hepatitis B, Tetanus. Fees may apply. Flu & Pneumonia vaccines are provided in the fall
Fees may apply.
Please call for appointment.