

# January 2015

## Division Program Calendar

**Reminders:**

- New participants must register for programs.
- Volunteers needed for both the TR program & Salisbury/Rowan Senior Games.
- Senior Games/ Silver Arts schedule available upon request.
- If you ride the van to the Shaker's Dance please call to reserve your seat by Jan 9<sup>th</sup>
- The office will be closed Jan 1, 2, & 19
- Call TR office for program cancellation during inclement weather.**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ramblers: 18+, who are blind/visually impaired Club Rec: 18+ who have disabilities Trips: 18+ who have disabilities Trinity Living Center (TLC): Senior day center RHA-Carterhouse: Adult mental health consumers Lunch Clubs: Active Seniors				1  I---Office Closed---	2 -----I	3
4	5 <b>11-12 West Rowan</b> Jingo	6 <b>4-5:15 Club Rec</b> New Year Traditions (Ellis Park)	7 <b>2-4 Ramblers</b> @ Waterworks	8 <b>4-5:15 Club Rec</b> New Year Traditions (Ellis Park)	9 <b>9:30-11 Club Rec</b> New Year Traditions (Ellis Park)	10
11	12 <b>11-12 TRD Advisory Board</b>	13 <b>11-12 Calvary</b> Jingo  <b>4-5:15 Club Rec</b> Tai Chi (Ellis Park)	14 <b>11-12 Lafayette</b> Jingo  <b>2-4 Ramblers</b> @ Waterworks	15 <b>1:30-2:30 TLC</b> Jingo  <b>4-5:15 Club Rec</b> Tai Chi (Ellis Park)	16 <b>9:30-11 Club Rec</b> Laser Show (Horizons Unlimited)  <b>7-9 Shaker's Dance</b> (City Park)	17
18	19 <i>Martin Luther King Jr Day</i>  <b>Office Closed</b>	20 <b>10-11:30 Open 4 Leisure</b> (Ellis Park)  <b>4-5:15 Club Rec</b> Jingo (Ellis Park)	21 <b>2-4 Ramblers</b> @ Waterworks	22 <b>10:30-11:30 Carterhouse</b> Indoor Games  <b>11-12 China Grove</b> Jingo  <b>4-5:15 Club Rec</b> Jingo (Ellis Park)	23 <b>9:30-11 Club Rec</b> Jingo (Ellis Park)  <b>6-8:30 TRIPS</b> Cinema Night at the Park (Ellis Park)	24
25	26	27 <b>11-12 East Rowan</b> Jingo  <b>4-5:15 Club Rec</b> Balloon Volleyball (Ellis Park)  <b>7-10 Ramblers</b> Lombardi (Meroney Theater)	28 <b>11-12 John Calvin</b> Jingo	29 <b>4-5:15 Club Rec</b> Balloon Volleyball (Ellis Park)	30 <b>9:30-11 Club Rec</b> Balloon Volleyball (Ellis Park)	31

*"I don't just want to be successful I want to have fun." Julie Brown*



## Division Program Calendar- February 2015



**Reminders:**

- Volunteers needed for TR program & Salisbury/Rowan Senior Games.
- Senior Games/Silver Arts schedule available upon request.
- If you ride the van to the Shaker's Dance please call the office to reserve your seat by Feb 13<sup>th</sup>
- Please RSVP for TRips by Feb 19<sup>th</sup>. Tickets are limited. No transportation provided.
- To cancel your ride on the van to any of our programs please call us and also the Rowan Transit office at 704-216-8899
- Call TR office for program cancellation during inclement weather.**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <b>11-12 West Rowan Senior Games Trivia</b>	3 <b>4-5:15 Club Rec</b> Life Skills Challenge (Ellis Park)	4 <b>2-4 Ramblers</b> @ Waterworks	5 <b>10-11:30 Open 4 Leisure</b> (Ellis Park) <b>4-5:15 Club Rec</b> Life Skills Challenge (Ellis Park)	6 <b>9:30-11:30 Club Rec</b> (Waterworks)	7
8	9 <b>1pm Senior Games</b> Contract Bridge Tournament (Trinity Oaks)	10 <b>11-12 Calvary Senior Games Trivia</b> <b>4-5:15 Club Rec</b> Be My Valentine (Ellis Park)	11 <b>11-12 Lafayette Senior Games Trivia</b> <b>2-4 Ramblers</b> Lunch & Learn (Ellis Park)	12 <b>4-5:15 Club Rec</b> Be My Valentine (Ellis Park)	13 <b>9:30-11:30 Club Rec</b> (Waterworks)	14 Valentine's Day
15	16 <b>11-12 China Grove Senior Games Trivia</b>	17 <b>10-11:30 Open 4 Leisure</b> (Ellis Park) <b>4-5:15 Club Rec</b> Keep on Moving (Ellis Park)	18 <b>2-4 Ramblers</b> Music & Meditation (Ellis Park)	19 <b>10:30-11:30 RHA Carterhouse</b> Mardi Gras <b>1:30-2:30 TLC</b> Keep On Moving <b>4-5:15 Club Rec</b> Keep On Moving (Ellis Park)	20 <b>9:30-11:30 Club Rec</b> (Waterworks) <b>7-9 Shaker's Dance</b> (City Park)	21
22	23 <b>1pm Senior Games</b> Duplicate Bridge Tournament (Trinity Oaks)	24 <b>11-12 East Rowan Senior Games Trivia</b> <b>4-5:15 Club Rec</b> TV Game Show (Ellis Park)	25 <b>11-12 John Calvin Senior Games Trivia</b> <b>2-4 Ramblers</b> Bowling (Woodleaf Lanes)	26 <b>4-5:15 Club Rec</b> TV Game Show (Ellis Park) <b>7-10 TRips</b> Comedy of Errors Play (Catawba College)	27 <b>9:30-11:30 Club Rec</b> (Waterworks)	28
				Ramblers: 18+, who are blind/visually impaired Open 4 Leisure: Individuals, 18+ who have disabilities Club Rec: 18+ who have disabilities Trips: 18+ who have disabilities Trinity Living Center (TLC): Senior day center RHA-Carterhouse: Adult mental health consumers Lunch Clubs: Active Seniors		

**February is Therapeutic Recreation Month!!!**

*"Therapeutic Recreation is not about filling time but making time fulfilling"*  
-Sarah Kerrigan



# March 2015

## Division Program Calendar



**Reminders:**

- Volunteers needed for both the TR program & Salisbury/Rowan Senior Games.
- Senior Games/SilverArts schedule available upon request.
- If you ride the van to the Shaker's Dance please call the office to reserve your seat by March 13<sup>th</sup>
- To cancel your ride on the van to any of our programs please call us and also the Rowan Transit office at 704-216-8899
- Call TR office for program cancellation during inclement weather.**

**VOLUNTEERS NEEDED FOR VIP TOURNAMENT**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <b>11-12 West Rowan</b> Keep On Moving	3 <b>4-5:30 Club Rec</b> (Waterworks)	4 <b>2-4 Ramblers</b> Putt Putt Golf (Dan Nicholas Pk)	5 <b>10-11:30</b> <b>Open 4 Leisure</b> (Ellis Park)  <b>4-5:30 Club Rec</b> (Waterworks)	6 <b>9:30-11 Club Rec</b> Life Skills Challenge (Ellis Park)	7
8 <b>Daylight Savings Time</b> 	9 <b>11-12 TRD</b> <b>Advisory Board Mtg</b> (Ellis Park)	10 <b>11-12 Calvary</b> Keep On Moving  <b>4-5:30 Club Rec</b> (Waterworks)  <b>7-10 Ramblers</b> Cats Musical (Meroney Theater)	11 <b>11-12 Lafayette</b> Keep On Moving	12   <b>4-5:30 Club Rec</b> (Waterworks)	13 <b>9:30-11:30 Club Rec</b> (Waterworks)	14 <b>12-3</b> <b>Special Olympics</b> <b>Polar Plunge</b> (Elks Lodge)
<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> <b>Rowan/Salisbury SilverArts Competition: March 11-13</b>                      1pm Performing Arts Extravaganza- Salisbury Civic Center                 </div>						
15	16 <b>11-12 China Grove</b> Keep On Moving	17 <b>St. Patrick's Day</b>  <b>10-11:30</b> <b>Open 4 Leisure</b> (Ellis Park)  <b>4-5:30 Club Rec</b> (Waterworks)	18   <b>2-4 Ramblers</b> Zumba (City Park)	19   <b>1:30-2:30 TLC</b> Keep On Moving  <b>4-5:30 Club Rec</b> (Waterworks)	20 <b>9:30-11:30 Club Rec</b> (Waterworks)  <b>7-9 Shakers Dance</b> (City Park) 	21
22	23	24 <b>11-12 East Rowan</b> Keep On Moving  <b>4-5:30 Club Rec</b> (Waterworks)	25 <b>11-12 John Calvin</b> Keep On Moving  <b>2-4 Ramblers</b> Putt Putt Golf (DNP)	26   <b>10:30-11:30</b> <b>Carterhouse</b> Leisure Education  <b>4-5:30 Club Rec</b> (Waterworks)	27 <b>9:30-11 Club Rec</b> TV Game Show (Ellis Park)	28 <b>10-2:30</b> <b>VIP Putt-Putt</b> <b>Tournament</b> (Dan Nicholas)
29	30	31   <b>4-5:15 Club Rec</b> Wellness Walk (Foil Tatum Park)	<div style="border: 1px solid black; padding: 5px;"> <p style="font-size: small; margin: 0;">                             Did you know March is...                              Alport Syndrome Awareness                              American Red Cross Month                              Brain Injury Awareness Month                              Child Life Month                              Deaf History Month                              National Chronic Fatigue Syndrome Awareness Month                              National Multiple Sclerosis Education &amp; Awareness Month                              National Craft Month                              National Kite Month                         </p> <p style="font-size: small; margin: 0;">                             Ramblers: Adults who are blind/visually impaired                              Open 4 Leisure: 18+ who have disabilities                              Club Rec: 18+ who have disabilities                              TRips: 18+ who have disabilities                              RHA-Carterhouse: Adult mental health consumers                              Trinity Living Center (TLC): Senior Day Center; Lunch Clubs: Active Srs                         </p> </div>			

***"Tell me and I forget, teach me and I remember, involve me and I learn." -Benjamin Franklin***



# April 2015 Division Program Calendar



**Reminders:**

- If you ride the van to the Shaker's Dance please call to reserve your seat by Apr 10<sup>th</sup>
- To cancel your ride on the van to any of our programs please call us and also the Rowan Transit Office at 704-216-8899
- Call TR office for program cancellation during inclement weather.
- Salisbury/Rowan Senior Games schedule available upon request.
- Volunteers Needed.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 April Fool's Day  2-4 Ramblers Game Day (Ellis Park)	2 P&J Day  10-11:30 Open 4 Leisure (Ellis Park) 4-5:15 Club Rec Wellness Walk (Foil Tatum Park)	3 Good Friday Holiday  NO CLUB REC TRD OFFICE CLOSED	4
<p>Ramblers: Adults who are blind/visually impaired Open 4 Leisure: 16+ who have disabilities Club Rec: 18+ who have disabilities TRips: 18+ who have disabilities RHA Carterhouse: Adult mental health consumers Trinity Living Center (TLC): Senior Day Center Lunch Clubs: Active Seniors</p>						
5 	6 National Dance Wk  11-12 W Rowan (LOL Hour)  4-5 Special Olympics Volleyball Practice	7 National Dance Week  4-5:15 Club Rec What's Shaking (Ellis Park)	8 National Dance Week 11-12 Lafayette (LOL Hour) 2-4 Ramblers Schedule Review (City Park) 4:30-6 Golf Ability Clinic (Corbin Hills)	9 National Dance Week  1:30-2:30 TLC (LOL Hour) 4-5:15 Club Rec What's Shaking (Ellis Park)	10 National Dance Wk  9:30-11 Club Rec What's Shaking (Ellis Park)	11
			2015 Salisbury/Rowan Senior Games Apr 14 - May 14			
12	13  4-5 Special Olympics Volleyball Practice	14 National Pecan Day  11-12 Calvary (LOL Hour) 4-5:15 Club Rec Hit A Home Run! (Ellis Pk)	15  4:30-6 Golf Ability Clinic (Corbin Hills)	16 4-5:15 Club Rec Hit A Home Run! (Ellis Pk) 7-10 Ramblers Guys & Dolls (Catawba College)	17 9:30-11 Club Rec Hit A Home Run! (Ellis Pk) 7-9 Shaker's Dance (City Pk)	18
19	20 Volunteer Recognition Day 11-12 China Grove (LOL Hour) 4-5 Special Olympics Volleyball Practice	21 No Open 4 Leisure No Club Rec 9-3 Special Olympics Spring Games (West Rowan HS)	22 National Jelly Bean Day 11-12 J Calvin(LOL Hour) 4:30-6 Golf Ability Clinic (Corbin Hills) 7-10 Ramblers (Kannapolis Intimidators)	23 National Picnic Day 10:30-11:30 RHA Carterhouse (Ellis Pk) 4-5:15 Club Rec Picnic Scavenger Hunt (Ellis Park)	24 9:30-11 Club Rec Picnic Scavenger Hunt (Ellis Park)	25
26	27 4-5 Special Olympics Volleyball Practice	28 11-12 E Rowan (LOL Hour) 4-5:15 Club Rec Wellness Walk (Salisbury Community Pk)	29 2-4 Ramblers Birthday Celebration (Ellis Park) 4:30-6 Golf Ability Clinic (Corbin Hills)	30 No Club Rec 7-10 TRIPS (Kannapolis Intimidators)		



# May 2015

## Division Program Calendar



**Reminders:**

- Volunteers needed for both the TR program & Salisbury/Rowan Senior Games.
- Senior Games/SilverArts schedule available upon request.
- If you ride the van to the Shaker's Dance please call the office to reserve your seat by May 8<sup>th</sup>
- Participant artwork will be on display at Waterworks Art Studio from May 18<sup>th</sup>-June 6<sup>th</sup>
- To cancel your ride on the van to any of our programs please call us and also the Rowan Transit office at 704-216-8899
- Any questions/concerns about our programs feel free to contact the TR office at 704-216-7780.
- Call TR office for program cancellation during inclement weather.**

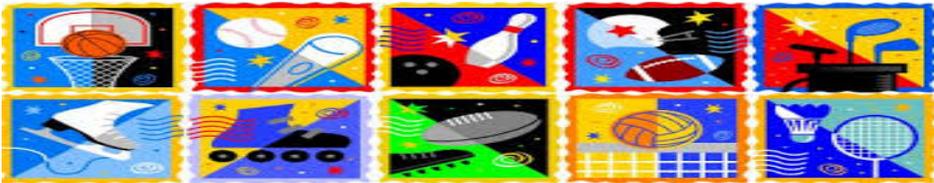
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 <b>10am Senior Games</b> Billiards (Salisbury VAMC) <b>9:30-11 Club Rec</b> Wellness Walk (Salisbury Community Pk) 935 Hurley School Rd	2 <b>Senior Games</b> <b>9am-Men</b> <b>2pm-Women</b> Horse Shoes (Ellis Park)
3	4	5	6	7	8	9
	<b>Senior Games</b> Golf Tournament (Corbin Hills)  <b>11-12 West Rowan</b> Memory Lane	<b>4-5:15 Club Rec</b> Paint 4 Fun (Ellis Park)	<b>4:30-6 Golf Ability Clinic</b> (Corbin Hills)  <b>2-4 Ramblers</b> Personal Safety (Ellis Park)  <b>Senior Games Pickleball @ Halls Gym</b>	<b>10-11:30</b> <b>Open 4 Leisure</b> (Ellis Park)  <b>4-5:15 Club Rec</b> Paint 4 Fun (Ellis Pk)	<b>9:30-11 Club Rec</b> Paint 4 Fun (Ellis Park)	
10	11	12	13	14	15	16
<i>Mother's Day</i> 	<b>11-12 TRD</b> <b>Advisory Board Mtg</b> (Ellis Park)	<b>11-12 Calvary</b> Memory Lane  <b>4-5:15 Club Rec</b> Bocce/Cornhole (Ellis Park)	<b>11-12 Lafayette</b> Memory Lane  <b>1:30-3:30 Ramblers</b> (Patterson Farms)  <b>4:30-6 Golf Ability Clinic</b> (Corbin Hills)	<b>No Club Rec</b>  <b>6pm Senior Games</b> Victory Dinner (Salisbury Civic Center)	<b>9:30-11 Club Rec</b> Bocce/Cornhole (Ellis Park)  <b>7-9 Shakers Dance</b> (City Park)	
17	18	19	20	21	22	23
	<b>11-12 China Grove</b> Memory Lane	<b>10-11:30</b> <b>Open 4 Leisure</b> (Ellis Park)  <b>4-5:15 Club Rec</b> Putt Putt (Dan Nicholas Park)	<b>1:30-3:30 Ramblers</b> Lunch Outing (Hibachi Grille & Buffet) 3000 Cloverleaf Pkwy Kannapolis, NC 28083  <b>4:30-6 Golf Ability Clinic</b> (Corbin Hills)	<b>1:30-2:30 TLC</b> Memory Lane  <b>4-5:15 Club Rec</b> Putt Putt (Dan Nicholas Park)	<b>9:30-11 Club Rec</b> Putt Putt (Dan Nicholas Park)	
24	25	26	27	28	29	30
	<i>Memorial Day</i> <b>TRD Office Closed</b> 	<b>11-12 East Rowan</b> Memory Lane  <b>4-5:15 Club Rec</b> Born In The USA (Ellis Park)	<b>11-12 John Calvin</b> Memory Lane  <b>3-6 Ramblers</b> Fish Fry & Cookout (Ellis Park)	<b>10:30-11:30</b> <b>Carterhouse-</b> Putt Putt (Dan Nicholas Park)  <b>4-5:15 Club Rec</b> (Waterworks) <b>4-6 All Programs</b> Opening Reception (Waterworks)	<b>9:30-11 Club Rec</b> Born In The USA (Ellis Park)	<b>11-2 TRips</b> <b>Family Fun Day</b> (Ellis Park)
31						

*"Positive thinking is your sunshine on a cloudy day."  
-ROZ Highfield*



# June 2015

## Division Program Calendar



### Reminders:

- Volunteers needed for both the TR program & Salisbury/Rowan Senior Games.
- Senior Games/SilverArts schedule available upon request.
- No Shakers Dance for June instead will be attending Legion Game on 6/26. Please RSVP by June 19<sup>th</sup> to ride the van.
- Participant artwork will be on display at Waterworks Art Studio from May 18<sup>th</sup>-June 6<sup>th</sup>.
- To cancel your ride on the van to any of our programs please call us and also the Rowan Transit office at 704-216-8899
- If you have any questions/concerns about any of our programs feel free to contact the TR office
- Call TR office for program cancellation during inclement weather.**

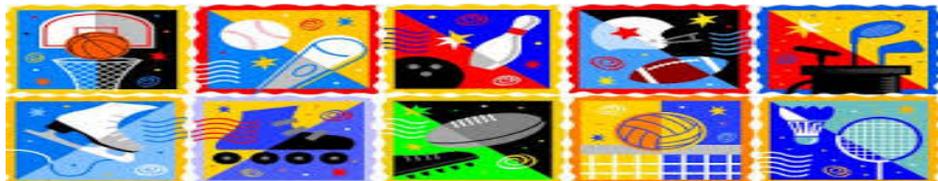
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <b>11-12 West Rowan</b> Flower Power	2  <b>4-5:15 Club Rec</b> Strawberry Picking (Patterson Farm)	3  <b>2-4 Ramblers</b> Fire Station Tour & Waterworks (Salisbury Station #4) Statesville Blvd	4  <b>10-11:30</b> <b>Open 4 Leisure</b> (Ellis Park)  <b>4-5:15 Club Rec</b> Strawberry Picking (Patterson Farm)	5  <b>9:30-11 Club Rec</b> Strawberry Picking (Patterson Farm)	6  <b>11-3 Ramblers</b> Beep Baseball (High Point)
7	8	9  <b>11-12 Calvary</b> Flower Power  <b>4-5:15 Club Rec</b> Playdough Making (Ellis Park)	10  <b>10-4 Ramblers</b> Fishing & Lunch (Midway)	11  <b>11-12 Lafayette</b> Flower Power  <b>4-5:15 Club Rec</b> Playdough Making (Ellis Park)	12  <b>9:30-11 Club Rec</b> Playdough Making (Ellis Park)	13
14	15  <b>11-12 China Grove</b> Flower Power	16  <b>10-11:30</b> <b>Open 4 Leisure</b> (Ellis Park)  <b>4-5:15 Club Rec</b> Cupcake Central (Ellis Park)	17  <b>6:30-9:30 Ramblers</b> Baseball Game (Kannapolis)	18  <b>1:30-2:30 TLC</b> Flower Power  <b>4-5:15 Club Rec</b> Cupcake Central (Ellis Park)	19  <b>9:30-11 Club Rec</b> Cupcake Central (Ellis Park)  <b>No Shakers Dance</b>	20
21	22	23  <b>11-12 East Rowan</b> Flower Power  <b>4-5:15 Club Rec</b> Swimming (Lincoln Pool)	24  <b>11-12 John Calvin</b> Flower Power	25  <b>10:30-11:30</b> <b>Carter House</b> Homemade Ice Cream  <b>11-1:30 Ramblers</b> Concert on Main (Kannapolis)  <b>4-5:15 Club Rec</b> Swimming (Lincoln Pool)	26  <b>9:30-11 Club Rec</b> Swimming (Lincoln Pool)  <b>7-10 TRips</b> Legion Game VS Concord (Catawba College)	27
28	29	30  <b>4-5:15 Club Rec</b> Wellness Walk (Granite Lake Park)		<b>Ramblers: Adults who are blind/visually impaired</b> <b>Open 4 Leisure: 16+ who have disabilities</b> <b>Club Rec: 18+ who have disabilities</b> <b>TRips: 18+ who have disabilities</b> <b>RHA-Carterhouse: Adult mental health consumers</b> <b>Trinity Living Center (TLC): Senior Day Center</b> <b>Lunch Clubs: Active Seniors</b>		

*"Leisure is an essential part of life so remember to TReat yourself right!"*  
Ana Osborne



# July 2015

## Division Program Calendar



**Reminders:**

- Volunteers needed for both the TR program & Salisbury/Rowan Senior Games.
- Senior Games/SilverArts schedule available upon request.
- TRips will be \$5 for admission to Tiger World along with a bag lunch or lunch money. Please RSVP by 7/13
- To cancel your ride on the van to any of our programs please call us and also the Rowan Transit office at 704-216-8899
- If you have any questions/concerns about any of our programs feel free to contact the TR office
- Call TR office for program cancellation during inclement weather.**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1  10:30-1:30 Ramblers Farmers Market & Lunch @ Casa Grande	2  10-11:30 Open 4 Leisure (Ellis Park)  4-5:15 Club Rec Wellness Walk (Granite Lake Park)	3  <b>Office Closed</b>	4  <i>Independence Day</i>  
5	6 11-12 West Rowan Homemade Ice Cream	7  4-5:15 Club Rec Gem Mining (Dan Nicholas Park)	8 11-12 Lafayette Homemade Ice Cream  10-4 Ramblers Antiques & Lunch (Badin)	9  4-5:15 Club Rec Gem Mining (Dan Nicholas Park)	10 9:30-11 Club Rec Gem Mining (Dan Nicholas Pk)	11  Senior Games Men's 65+ Softball (Asheboro)
12	13 11-12 TRD Advisory (Ellis Park)	14 11-12 Calvary Homemade Ice Cream  4-5:15 Club Rec Crafting With Jasmine (Ellis Park)	15 10:30-1 Ramblers Pool Party (Lincoln Pool)  2-5 Senior Games Day (Oak Park)	16  1:30-2:30 TLC Homemade Ice Cream  4-5:15 Club Rec Swimming (Lincoln Pool)	17 9:30-11 Club Rec Swimming (Lincoln Pool)  7-9 Shaker's Dance (City Park)	18
19	20 11-12 China Grove Homemade Ice Cream	21 10-11:30 Open 4 Leisure (Ellis Park) - <b>cancelled</b>  4-5:15 Club Rec Swimming (Lincoln Pool)  7-10 Ramblers Ain't Misbehavin' (Meroney Theater)	22 11-12 John Calvin Homemade Ice Cream  2-5 Senior Games Day (The Laurels)	23  10:30-11:30 Carter House Homemade Ice Cream  4-5:15 Club Rec Crafting With Jasmine (Ellis Park)	24 9:30-11 Club Rec Crafting With Jasmine (Ellis Park)	25  Senior Games Men's 65+ Softball (Albemarle)  10-2 TRips Tiger World(\$5) & Lunch (Rockwell)
26	27	28 11-12 East Rowan Homemade Ice Cream  4-5:15 Club Rec Rhythm and Music (Ellis Park)	29  2-4 Ramblers Bowling (Woodleaf Lanes)	30  4-5:15 Club Rec Rhythm and Music (Ellis Park)	31 9:30-11 Club Rec Rhythm and Music (Ellis Park)	

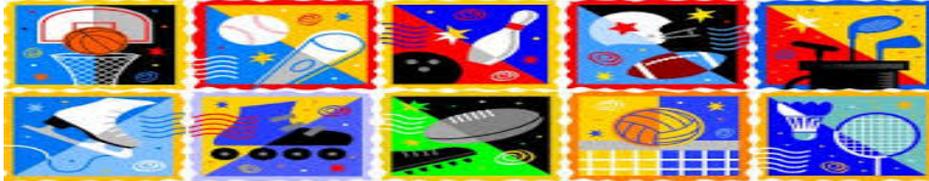
**"I'd rather be failing at something I enjoy than be a success at something I hate."  
George Burns**

# Therapeutic Recreation Division



Rowan County Parks & Recreation 704-216-7780

## August 2015 Division Program Calendar



### Reminders:

- Volunteers needed for both the TR program & Salisbury/Rowan Senior Games.
- Senior Games/SilverArts schedule available upon request.
- To cancel your ride on the van to any of our programs please call us and also the Rowan Transit office at 704-216-8899
- If you have any questions/concerns about any of our programs feel free to contact the TR office
- Call TR office for program cancellation during inclement weather.**

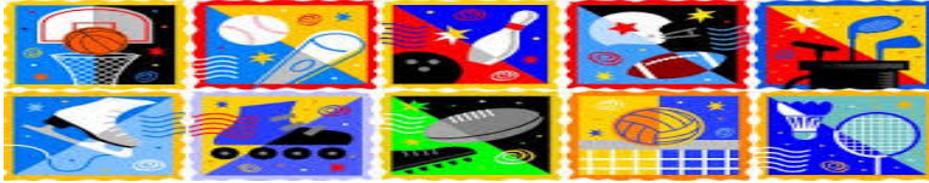
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
<b>Ramblers: Adults who are blind/visually impaired</b> <b>Open 4 Leisure: 16+ who have disabilities</b> <b>Club Rec: 18+ who have disabilities</b> <b>TRips: 18+ who have disabilities</b> <b>RHA-Carterhouse: Adult mental health consumers</b> <b>Trinity Living Center (TLC): Senior Day Center</b> <b>Lunch Clubs: Senior Nutrition Sites</b>						
2	3 <b>11-12 West Rowan</b> Cornhole & Toss Across	4 <b>4-5:15 Club Rec</b> Food Facts-Fruit (Ellis Park)	5 <b>11-1 Ramblers</b> Swimming (Lincoln Pool)	6 <b>10-11:30</b> <b>Open 4 Leisure</b> (Ellis Park)  <b>4-5:15 Club Rec</b> Food Facts-Fruit (Ellis Park)	7 <b>9:30-11 Club Rec</b> Food Facts-Fruit (Ellis Park)	8
9	10	11 <b>11-12 Calvary</b> Cornhole & Toss Across  <b>4-5:15 Club Rec</b> Softball Skills (Ellis Park)	12 <b>11-12 Lafayette</b> Cornhole & Toss Across  <b>6-8 Ramblers</b> Music On Main (Kannapolis)	13 <b>2-5 Senior Games Day</b> (Genesis)  <b>4-5:15 Club Rec</b> Softball Skills (Ellis Park)	14 <b>9:30-11 Club Rec</b> Softball Skills (Ellis Park)	15 <b>Senior Games</b> <b>Basketball</b> <b>Tournament</b> (East Rowan YMCA)
16	17 <b>11-12 China Grove</b> Cornhole & Toss Across	18 <b>11-12 SOAR 2 Recreation</b>  <b>4-5:15 Club Rec</b> Movin' & Groovin' (Ellis Park)	19 <b>2-5 Senior Games Day</b> (Carillon)  <b>6-8 Ramblers</b> Catawba Queen (Mooresville)	20 <b>1:30-2:30 TLC</b> Cornhole & Toss Across  <b>4-5:15 Club Rec</b> Movin' & Groovin' (Ellis Park)	21 <b>9:30-11 Club Rec</b> Movin' & Groovin' (Ellis Park)  <b>7-9 Shaker's Dance</b> (City Park)	22
23	24	25 <b>11-12 East Rowan</b> Cornhole & Toss Across  <b>4-5:15 Club Rec</b> Wellness Scavenger Hunt (Ellis Park)	26 <b>11-12 John Calvin</b> Cornhole & Toss Across  <b>2-4 Ramblers</b> Schedule Review & Homemade Ice Cream (Ellis Park)	27 <b>10:30-11:30</b> <b>Carter House</b>  <b>4-5:15 Club Rec</b> Wellness Scavenger Hunt (Ellis Park)	28 <b>9:30-11 Club Rec</b> Wellness Scavenger Hunt (Ellis Park)	29
30	31					

**"Positive thinking is your sunshine on a cloudy day."**

**ROZ Highfield**

# September 2015

## Division Program Calendar



**Reminders:**

- Volunteers needed for both the TR program & Salisbury/Rowan Senior Games.
- Senior Games/SilverArts schedule available upon request.
- To cancel your ride on the van to any of our programs please call us and also the Rowan Transit office at 704-216-8899
- If you have any questions/concerns about any of our programs feel free to contact the TR office
- Call TR office for program cancellation during inclement weather.**

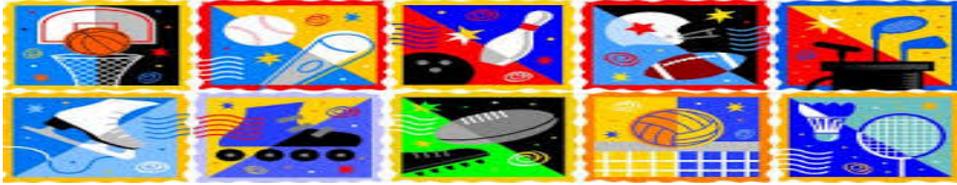
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 11-12 West Rowan  11-12 SOAR  4-5:15 Club Rec Food Facts-Veggies (Ellis Park)	2  2-4 Ramblers aLL4aRTS (Ellis Park)  4-5:30 S.O. Bocce (Ellis Park)	3  4-5:15 Club Rec Food Facts-Veggies (Co-op Extension) 2727 Old Concord Rd	4  9:30-11 Club Rec Food Facts-Veggies (Co-op Extension) 2727 Old Concord Rd	5
6	7 <i>Labor Day</i>  <i>Offices Closed</i>	8  11-12 Calvary  <b>No Club Rec</b>	9  11-12 Lafayette  2-4 Ramblers aLL4aRTS (Ellis Park)  4-5:30 S.O. Bocce (Ellis Park)	10  10-11:30 Carter House Waterworks  4-6 Club Rec Tuesday/Thursday End of Summer Cookout (Ellis Park)	11  10:-12 Club Rec Friday/SOAR End of Summer Cookout (Ellis Park)	12
13	14  11-12 TRD Advisory Board  4-5:30 S.O. Bocce (Ellis Park)	15  11-12 SOAR  4-5:15 Club Rec Bingo (Ellis Park)	16  2-4 Ramblers aLL4aRTS (Ellis Park)  6:00 Let's Play Ball Season Meeting	17  10-11:30 Carter House Waterworks  1:30-2:30 TLC  4-5:15 Club Rec Bingo (Ellis Park)	18  9:30-11 Club Rec Bingo (Ellis Park)  7-9 Shaker's Dance (Ellis Park)	19
20	21  11-12 China Grove  4-5:30 S.O. Bocce (Ellis Park)	22  11-12 East Rowan  4-5:15 Club Rec Air Band (Ellis Park)	23  11-12 John Calvin  2-4 Ramblers aLL4aRTS (Ellis Park)  6-7 Let's Play Ball Practice (Ellis Park)	24  10-11:30 Carter House Waterworks  4-5:15 Club Rec Air Band (Ellis Park)	25  9:30-11 Club Rec Arts & Crafts (City Park)	26  10:00 Let's Play Ball Game (Ellis Park)
27	28  4-5:30 S.O. Bocce (Ellis Park)	29  4-5:15 Club Rec Wellness Walk (Foil Tatum Park)	30  2-4 Ramblers aLL4aRTS (Ellis Park)  6-7 Let's Play Ball Practice (Ellis Park)	<b>Ramblers: Adults who are blind/visually impaired</b> <b>Open 4 Leisure: 16+ who have disabilities</b> <b>Club Rec: 18+ who have disabilities</b> <b>TRips: 18+ who have disabilities</b> <b>RHA-Carterhouse: Adult mental health consumers</b> <b>Trinity Living Center (TLC): Senior Day Center</b> <b>SOAR: RCCC Compensatory Education Class</b> <b>Lunch Clubs: Active Seniors</b>		

*"If variety is the spice of life, then recreation is the sugar. Get sweet and recreate!"*  
 - Kimberly Grandal



# October 2015

## Division Program Calendar



**Reminders:**

- Volunteers needed for both the TR program & Salisbury/Rowan Senior Games.
- Senior Games/SilverArts schedule available upon request.
- To cancel your ride on the van to any of our programs please call us and also the Rowan Transit office at 704-216-8899
- If you have any questions/concerns about any of our programs feel free to contact the TR office
- Call TR office for program cancellation during inclement weather.**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Ramblers: 18+ adults who are blind/visually impaired</b> <b>Club Rec: 18+ adults who have disabilities</b> <b>TRips: 18+ adults who have disabilities</b> <b>RHA-Carterhouse: Adult mental health consumers</b> <b>Trinity Living Center (TLC): Senior Day Center</b> <b>SOAR: RCCC Compensatory Education Class</b> <b>Lunch Clubs: Active Seniors</b>				1  <b>11-12 West Rowan Music Bingo</b>  <b>4-5:15 Club Rec Wellness Walk (Foil Tatum Park)</b>	2  <b>9:30-11 Club Rec Wellness Walk (Foil Tatum Park)</b>	3  <b>10:00 Let's Play Ball Game (Ellis Park)</b>
4	5  <b>4-5:30 S.O. Bocce (Ellis Park)</b>	6  <b>11-12 SOAR Krispy Kreme Tour (Concord)</b> <b>4-5:30 Club Rec (Water Works)</b> <b>7-10 TRips Addams Family Musical (Meroney Theater)</b>	7  <b>11-3 Ramblers Dixie Classic Fair (Winston Salem)</b>  <b>4-5:30 S.O. Bocce (Ellis Park)</b>	8  <b>10-11:30 Carter House All 4 Arts</b>  <b>4-5:30 Club Rec (Water Works)</b>	9  <b>9:30-11 Club Rec Healthy Breakfast Whole Grains &amp; Dairy (Ellis Park)</b>	10  <b>10:00 Let's Play Ball Game (Ellis Park)</b>
11	12  <b>4-5:30 S.O. Bocce (Ellis Park)</b>	13  <b>11-12 Calvary Music Bingo</b>  <b>4-5:30 Club Rec (Water Works)</b>	14  <b>11-12 Lafayette Music Bingo</b>  <b>2-4 Ramblers Ceramics (Ellis Park)</b>  <b>6-7 Let's Play Ball Practice (Ellis Park)</b>	15  <b>10-11:30 Carter House All 4 Arts</b>  <b>1-2:30 TLC All 4 Arts</b>  <b>4-5:30 Club Rec (Water Works)</b>	16  <b>9:30-11 Club Rec Halloween Contest (Ellis Park)</b>  <b>7-9 Shaker's Dance (City Park)</b>	17  <b>10:00 Let's Play Ball Game (Ellis Park)</b>
18	19  <b>4-5:30 S.O. Bocce (Ellis Park)</b>	20  <b>No Club Rec</b>	21  <b>Ramblers VIP Fishing Tournament 10/19-23</b>	22  All 4 Arts <b>10-11:30 Carter House</b>  <b>No Club Rec</b>	23  <b>No Club Rec</b>	24  
<span style="color: red; font-weight: bold;">{ ————— TR Staff at VIP Fishing Tournament 10/19-23 ————— }</span>						
25	26  <b>4-5:30 S.O. Bocce (Ellis Park)</b>	27  <b>11-12 East Rowan Music Bingo</b>  <b>4-5:30 Club Rec (Water Works)</b>	28  <b>11-12 John Calvin Music Bingo</b>  <b>2-4 Ramblers Lunch (Naples Cafe)</b>  <b>6-7 Let's Play Ball Practice (Ellis Park)</b>	29  <b>10-11:30 Carter House All 4 Arts</b>  <b>4-5:30 Club Rec (Water Works)</b>	30  <b>9:30-11 Club Rec (Water Works)</b>	31  <b>10:00 Let's Play Ball Game &amp; Awards/Picnic (Ellis Park)</b>

"Some days are simply made for playing." - Mary Anne Radmacher



# November 2015

## Division Program Calendar



**Reminders:**

- Volunteers needed for both the TR program & Salisbury/Rowan Senior Games & Silver Arts.
- Senior Games/SilverArts schedule available upon request.
- For Special Olympic information call 704-636-0111, Jesse Byrd- Coordinator
- To cancel your ride on the van to any of our programs please call us and also the Rowan Transit office at 704-216-8899
- If you have any questions/concerns about any of our programs feel free to contact the TR office
- Call TR office for program cancellation during inclement weather.**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <b>11-12 West Rowan</b>	3 <b>10-12 SOAR</b> All 4 Arts  <b>4-5:15 Club Rec</b> Ornament Making (Ellis Park)	4 <b>1:30-4 Ramblers</b> Ceramics (Ellis Park)  <b>7-9 Shaker's Dance</b> Cardinal Squares (City Park)	5   <b>4-5:15 Club Rec</b> Ornament Making (Ellis Park)	6 <b>10-12 Club Rec</b> (Waterworks)	7
						Nov 6-8 Special Olympics Fall Tournament
8	9 <b>11-12 TRD</b> Advisory Board	10 <b>11-12 Calvary</b>  <b>2-4 Ramblers</b> Ceramics (Ellis Park)  <b>4-5:15 Club Rec</b> Ornament Making (Ellis Park)	11 <i>Veteran's Day</i>  <b>Offices Closed</b>	12  <b>1-3 TLC</b> Art Class  <b>4-5:15 Club Rec</b> Ornament Making (Ellis Park)	13 <b>10-12 Club Rec</b> (Waterworks)	14
15	16 <b>11-12 China Grove</b>	17 <b>10-12 SOAR</b> All 4 Arts  <b>4-5:15 Club Rec</b> Beading (Ellis Park)	18 <b>1:30-4 Ramblers</b> Ceramics (Ellis Park)	19 <b>10:30-11:30 Carter House</b> Bowling (Woodleaf Lanes)  <b>1-3 TLC</b> Art Class  <b>4-5:15 Club Rec</b> Beading (Ellis Park)	20 <b>10-11:30 Club Rec</b> Beading (Ellis Park)	21
22 <b>11-5 Ramblers</b> Barn Dinner Theater (Greensboro)	23 <b>11-12 Lafayette</b>	24 <b>11-12 East Rowan</b>  <b>4-5:15 Club Rec</b> Thanksgiving Fun (Ellis Park)	25 <b>11-12 John Calvin</b>	26 <i>Thanksgiving</i>  <b>Offices Closed For Thanksgiving Holiday</b>	27	28
29	30	<b>Ramblers: 18+ adults who are blind/visually impaired</b> <b>Club Rec: 18+ adults who have disabilities</b> <b>TRips: 18+ adults who have disabilities</b> <b>RHA-Carterhouse: Adult mental health consumers</b> <b>Trinity Living Center (TLC): Senior Day Center</b> <b>SOAR: RCCC Compensatory Education Class</b> <b>Lunch Clubs: Active Seniors</b>				

**"Living to play. Playing to LIVE! Recreation Therapy, Wanna Play?"**  
Christy Johnson, ADC



# December 2015 Division Program Calendar



**Reminders:**

- Volunteers needed: TR & Senior Games
- Senior Games/SilverArts schedule available upon request.
- To cancel your van ride to any of our programs you **must** call us and the Rowan Transit office at 704-216-8899
- For Special Olympics information, contact Jesse Byrd- YMCA, 704.636.0111
- If you have any questions/concerns about any of our programs feel free to contact the TR Ofc
- Call TR Ofc about program cancellation during inclement weather, 704.216.7780**

**Special Olympics Bowling: (Mondays) Feb 1, 8, 22, 29  
 16 (Tue); Mar 7, 14, 21; Apr 4, 11-- CALL TO SIGN UP**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Ramblers: Adults who are blind/visually impaired                      Open 4 Leisure: 16+ who have disabilities                      Club Rec: 18+ who have disabilities                      TRips: 18+ who have disabilities                      RHA-Carterhouse: Adult mental health consumers                      Trinity Living Center (TLC): Senior Day Center                      Lunch Clubs: Senior Nutrition Sites</p>		<p>1                      1-3 SOAR 2 Leisure                      All 4 Arts (RCCC)                      4-5:15 Club Rec                      Holiday Shopping (5 Below)</p>	<p>2</p>	<p>3                      4-5:15 Club Rec                      Tree Decorating/FOT (F&amp;M Trolley Barn)                      7-9 Ramblers                      Singing Christmas Tree (First Baptist)</p>	<p>4                      10-11:30 Club Rec                      Holiday Shopping (5 Below)</p>	<p>6                      ARC Festival of Trees, F&amp;M Trolley Barn </p>	
<p>6                      Hanukkah begins thru Dec 14  </p>	<p>7                      11-12 W Rowan LC (holiday jingo)</p>	<p>8                      10:30-12 SOAR 2 Leisure                      All 4 Arts- (RCCC)                      11-12 Calvary LC (holiday jingo)                      4-5:15 Club Rec                      Laser Light Show (Horizons Unlimited)</p>	<p>9                      11-3 Ramblers                      Holiday Shopping (Concord Mills Mall)</p>	<p>10                      11-12:30 Carterhouse                      Holiday Crafts n Coco (Ellis Park)                      4-5:15 Club Rec                      Holiday Shopping (5 Below)</p>	<p>11                      10-11:30 Club Rec                      Holiday Treats n Jar (Ellis Park)                      6:30-8:30 ARC                      Christmas Party/Dance (City Park)</p>	<p>12</p>	
<p>13</p>	<p>14                      11-12 Lafayette LC (holiday jingo)</p>	<p>15                      11-12 E Rowan LC (holiday jingo)                      4:30-7                      Holiday Happenings Drop-In (Ellis Park)</p>	<p>16                      11-12 J Calvin LC (holiday jingo)                      5-7:30 Ramblers                      Christmas/Bday Party (Ellis Park)</p>	<p>17                      1-3 TLC (waterworks art class)                      6-8 Senior Games                      Holiday Dinner (Civic Center)</p>	<p>18</p>	<p>19                      3-5 TRips                      Holiday Laser Show &amp; Sweet Frog cost \$5 (Horizons Unlimited)                      *space limited                      RSVP by 12/9</p>	
<p>20</p>	<p>21                      11-12 China Grove LC (holiday jingo)                      Winter Begins  </p>	<p><b>NO PROGRAMS &amp; OFFICES CLOSED</b>-----}</p>				<p>25                      Christmas Day  </p>	<p>26                      Kwanzaa begins thru Jan 1  </p>
<p>27</p>	<p><b>NO PROGRAMS</b>-----}</p>				<p>31                      New Years Eve  </p>		



*We would like to wish each of you a joyous & safe holiday season...  
 ...Thank you for allowing us to add a little FUN into your life!*

