

January 2017

Division Program Calendar



Reminders:

- To cancel your van ride to any of our programs you **must** call us and the Rowan Transit office at 704-216-8899
- If you have any questions/concerns about any of our programs feel free to contact the TR Office
- All 4 Arts-** Performance February 4 from 2-4pm
- Special Olympics News**
- Bowling: (Mondays)** -Starts Feb 6th
Practice held at Woodleaf Lanes
- Polar Plunge:** Feb 25 @ Elks River Park
- For Special Olympics information, contact Jesse Byrd- YMCA, 704.636.0111
- Call TR Office about program cancellation during inclement weather, 704.216.7780**
- Volunteers Needed

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------------------------|--|---|--|---|--|----------|
| 1 Happy New Year! | 2 Office Closed | 3 No Programs | 4 2-4 Ramblers Cooking with Toi (Co-op Extension) | 5 4-5:15 Club Rec "Joking" Around (Ellis Park) | 6 10-11:30 Club Rec "Joking" Around (Ellis Park) 3:30-5 All 4 Arts (East Rowan Library) | 7 |
| 8 | 9 11-12 West Rowan New Year New You! 4-5 TRD Advisory Board Mtg (City Park) | 10 11-12 Calvary New Year New You! 4-5:15 Club Rec Staying Safe (Ellis Park) | 11 11-12 Lafayette New Year New You! 2-4 Ramblers Schedule Review (Ellis Park) | 12 4-5:15 Club Rec Staying Safe (Ellis Park) | 13 10-11:30 Club Rec Staying Safe (Ellis Park) 3:30-5 All 4 Arts (East Rowan Library) | 14 |
| 15 | 16 <i>Martin Luther King Jr Day</i> Office Closed | 17 10-11 SOAR Laser Show (Horizons Unlimited) 4-5:15 Club Rec Picture Collage (Ellis Park) | 18 2-4 Ramblers Twist & Shout (Ellis Park) | 19 1:30-2:30 TLC New Year New You! 4-5:15 Club Rec Picture Collage (Ellis Park) | 20 10-11:30 Club Rec Picture Collage (Ellis Park) 3:30-5 All 4 Arts (East Rowan Library) 7-9 Shaker's Dance (City Park) | 21 |
| 22 | 23 | 24 11-12 East Rowan New Year New You! 4-5:15 Club Rec Show and Tell (Ellis Park) 6:30-10 Ramblers (Meroney Theater) | 25 11-12 John Calvin New Year New You! | 26 11-12 Carter House New Year New You! 4-5:15 Club Rec Show and Tell (Ellis Park) | 27 10-11:30 Club Rec Show and Tell (Ellis Park) 3:30-5 All 4 Arts (Ellis Park) 6:30-8:30 TRips Bowling (Woodleaf Lanes) Cost \$5 RSVP by 1/20 | 28 |
| 29 | 30 11-12 China Grove New Year New You! | 31 4-5:15 Club Rec Sit & Fit (Ellis Park) | Ramblers: Adults who are blind/visually impaired Club Rec: 18+ who have disabilities TRips: 18+ who have disabilities SOAR- RCCC Compensatory Education RHA-Carterhouse: Adult mental health consumers Trinity Living Center (TLC): Senior Day Center Lunch Clubs: Ruffy Holmes Nutrition Sites | | | |

"If you can't fly then run, if you can't run then walk, if you can't walk then crawl, but whatever you do you have to keep moving forward." Martin Luther King, Jr