

TR Newsletter

APRIL
2014



Friday Group Club Rec Participants with MT Sidolei & Gill her therapy dog, and Janel Swearingen-Ruiz TR intern

ROWAN COUNTY PARKS & RECREATION THERAPEUTIC RECREATION DIVISION



Mark your calendars, April is shaping up to be a very fun packed month full of recreation opportunities!

The beginning of the month will kick-off with practice drills & skills to get the participants of Special Olympics warmed up and full of confidence to compete on April 8th at Carson High School.

Then on April 6th - 8th the staff will be attending the NCRPA-TR Conference to share and learn from fellow practicing professionals within the state of North

Carolina. This conference provides an opportunity to network, learn, and attend sessions on issues & trends currently taking place in the field of therapeutic recreation.

On April 12th the Therapeutic Recreation Division will host the annual VIP Putt Putt Tournament held at DanNicholas Park.

Nearing the end of the month will be the kick-off to the Senior Games beginning on April 22nd running thru May 22nd.

In addition to all these fantastic events, make sure to mark your calendar for the introduction to a few new programs, such as, the "Red Cross Lunch & Learn" and

"Love Your Pet" that will be facilitated with the Club Rec Groups and the Ramblers.

BIG EVENTS:

NCRPA-TR Conference	April 6 - 8
Special Olympics	April 8
VIP Putt Putt Tournament	April 12
Senior Games Begin	April 22

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Ellis Park
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"New Possibilities for Meaningful
Leisure Experiences"

Flashback

MARCH
2014

Special Olympics Polar Plunge



Community Day @ West End Plaza



Shakers Dance



"It's Fun to Have Fun but You Have to Know How" Dr. Suess

The month of March proved that the Therapeutic Recreation Division of Rowan County definitely knows how to have fun and stay active in the community.

There were so many wonderful programs and events to choose from. The month began with a Polar Plunge to support and raise funds for the Special Olympics.

The second weekend, Salisbury/ Rowan Senior Games & Silver Arts and the Therapeutic Recreation Division represented all the many opportunities to come and be a part of during the Community Day held at the West End Plaza.

The following week was the Silver Arts Extravaganza at the Salisbury Civic Center.

We had a fantastic turnout for the March TRips program. A total of 42 participants attended the Harlem Globetrotters on March 19th at

Goodman Gym on Catawba College's campus.



Pictures taken at Harlem Globetrotters Event
March 19, 2014

Musical Memories Trivia

It was a month of music. During March, all the lunch sites and Trinity Living Center participated in a program developed by the intern, Janel Swearingen-Ruiz. This program focused on the benefits of therapeutic reminiscence and social interaction, while engaging in a competitive trivia game. The participants enjoyed the program and asked for it to be brought back. Success!

Wrapping up the Arts

All the Club Rec groups and the Ramblers finished their 4 week long art program that was held at Waterworks. Each participant did an excellent job of creating an individual artistic piece. Some even selected a piece to be used during a later showing held at Waterworks.



Yes, We Do
Celebrate Life
After 50!

Salisbury/Rowan Senior Games & Silver Arts



Salisbury/Rowan Senior Games & Silver Arts

Salisbury/Rowan Senior Games & Silver Arts is a 501C3 non-profit organization dedicated to providing a year-round health and wellness program for adults 50 years of age and better. North Carolina Senior Games is the largest Senior Olympic program in the nation. This year NCSG will serve over 6,000 participants in all 100 counties in our state. Salisbury/Rowan Senior

Games & Silver Arts is one of 53 local games programs across the state. In our 2013 season Salisbury/Rowan Senior Games & Silver Arts was ranked 2nd largest local games program with participation of over 789 seniors.

Please help us to keep our seniors on the move as we enter the 2014 Salisbury/Rowan Senior Games and celebrate 31 years in Rowan County.



Pictures taken at this years Silver Arts Extravaganza



Phyllis Loflin-Kluttz and Performing Arts Vocal Group

Silver Arts Results

Heritage Arts Bread

Renita Ritchie

Heritage Arts Cake

Linda Ewing 1
Wadene Drew 2
Betty Goodwin 3

Heritage Arts Can Goods

Wadene Drew 1

Heritage Arts Candy

Joan Umholtz 1

Heritage Arts Crocheting

LaVaughn Beaver 1
LaVaughn Beaver 2
Louise Rheem 3

Heritage Arts Garment

Dorothy Baker 1

Heritage Arts House

Wares

Dorothy Baker 1
Dorothy Baker 2
Cecelia Mehmed 3

Heritage Arts Jewelry

Karen Morgan 1
Louise Rheem 2
Katie Evans 3

Heritage Arts Knitting

Karen Morgan 1
Karen Galloway 2
Karen Galloway 3

Heritage Arts Models

Paul Mehmed 1
George Kluttz 2
Bennie R Garvin 3

Heritage Arts

Needlework

Louise Rheem 1
Uta Braun 2
Donna Lee Hall 3

Heritage Arts Pie

Gregory Seaford 1
Gregory Seaford 2
Betty Goodwin 3

Heritage Arts Quilting

Betty Monroe 1
Betty Monroe 2
Betty Corriher 3

Heritage Arts Silk

Flowers

Cecelia Mehmed 1
Cecelia Mehmed 2
Linda Shirley 3

Heritage Arts Stained

Glass

C. Williams French 1
Katie Evans 2
Katie Evan 3

Heritage Arts Stuffed

Toys

Dorothy Baker 1

Heritage Arts

Woodcarving

Jimmie Weaver 1
Jimmie Weaver 2
Charles Heilig 3

Literary Arts Essay

Cecelia Mehmed 1

Heritage Arts Woodturning

Gregory Seaford 1
Gregory Seaford 2
Lanie Craven 3

Heritage Arts

Woodworking

Lanie Craven 1
Jimmie Weaver 2
Gregory Seaford 3

Literary Arts Poetry

Doug Lingle 1
Doug Lingle 2

Literary Arts Short Story

Paul Mehmed 1
Cecelia Mehmed 2
Cecelia Mehmed 3

Performing Arts Dance-

Solo

Tim Smith 1

Performing Arts Vocal-

Small Group

Jon Vickers 1
Carl Stock 1
Charles Rose 1
Richard Franklin 1

Performing Arts Vocal-

Solo

C. Williams French 3

Visual Arts Acrylics

Tomie Troxler 1
Sheryl Johnson 2
Tomie Troxler 3

Visual Arts Drawing

Carolyn Blackman 1
Cathy Wood 2
Caroline Dobson Marshall 3

Visual Arts Mixed Media

Janet Isenhour 1
Cathy Wood 2
Sue Davis 3

Visual Arts Oil

Carolyn Blackman 1
Mary Roakes 2
Mary Roakes 3

Visual Arts Pastels

Carolyn Blackman 1
Stella Isenberg 2
Stella Isenberg 3

Visual Arts Photography

Chris Ippolito 1
Gregory Seaford 2
Richard Gould 3

Visual Arts Sculpture

Ann Miller 1
Sue Davis 2
Charles Heilig 3

Visual Arts Watercolor

Karen Morgan 1
Geraldine P. Webster 2
Karen Morgan 3

In the Spotlight!

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Karen Foster-Williams, is in the SPOTLIGHT!

Karen Foster-Williams is an active Ramblers member. She has participated with the Ramblers for the better part of 10 years. Karen has a way of bringing joy to everyone she comes in contact with. Karen participated in the VIP Putt Putt Tournament a few years back and decided the best way for her to contribute was to become the official cheerleader of the event. Karen also attends the annual Fishing Tournament held in October. She enjoys Camp Dogwood in the summer, this is where she met her husband. Karen and Gerald were recently married and Gerald has become an active member of the Ramblers as well.

Please join us in recognizing Karen Foster-Williams as the Spotlight Participant of the Month!



Karen & Gerald at the VIP Putt Putt Tournament 2014

This section of the monthly newsletter will spotlight an individual participant. You will learn about their favorite activities, how long they've been a part of our program and the unique qualities that make them such a special individual!