



TRD Newsletter

November/December 2014



Therapeutic Recreation

With the start of winter here and the holiday season coming into full swing the participants are busy with lots of programs and activities. From learning skills in golf and basketball to creating ornaments for the division Christmas tree and painting ceramics, everyone has been having fun. One other fun activity hosted by our intern this quarter was Family Feud. Wearing a costume, Anthony hosted the activity in the game room using a program on the computer that simulated the real TV show. All in all it has been a great end to this fun filled year. Join us in 2015!

For more information about participating or volunteering contact



Edward Hailey, LRT/CTRS
Therapeutic Recreation Specialist
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Vernice Gallon, LRT/CTRS
Therapeutic Recreation Supervisor
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Salisbury/Rowan Senior Games & Silver Arts

Salisbury / Rowan Senior Games is proud to announce that we were the second largest 2014 Senior Games program in the state of North Carolina with a participation of 830 seniors during our 2014 spring games. We have the honor of being the largest year-round program in 2014 with a total yearly participation of 9,472 seniors. We've worked hard over the years to improve our program and encourage the seniors of Rowan County to get active.



For more information about participating, volunteering, or sponsoring our wonderful program contact

Phyllis Loflin-Kluttz
Senior Games/Silver Arts Coordinator
704-216-7780



The Therapeutic Recreation Division hosts Club Rec, a program for adults with disabilities. Club Rec meets every week and works on valuable life skills through recreation and leisure activities to help build independence at home and in the community.

HEALTH & WELLNESS

Club Rec Weekly Sessions

Tuesdays- 4:00-5:15pm
Thursdays- 4:00-5:15pm
Fridays- 9:30-11:00am

Contact Us And Sign Up Today
Therapeutic Recreation Division
704-216-7780

RECREATION & LEISURE



Holiday Happenings

We held our first annual Holiday Happenings on Dec 16th. Participants were able to make crafts, participate in a cake walk and take their picture in our reindeer scene. Everyone had a great time and we hope to see everyone and more next year.



Open 4 Leisure

Come to Open 4 Leisure at Ellis Park. We are here to provide you with fun and exciting activities. There will be something new each time. Drop by and join in on the fun!



Program Times

Every 1st Thursday
Every 3rd Tuesday
10-11:30am

Location

Ellis Park
3541 Old Mocksville Road
Salisbury, NC 28144

For More Information Contact

Therapeutic Recreation Division
Edward.Hailey@rowancoutnync.gov
704-216-7780

Club Rec

Adults with disabilities

- Learned basketball skills and played an actual game at Halls Gym
- Engaged in friendly competition playing Family Feud, the Wii, and arcade games
- Made snowflakes, stars, and Christmas tree ornaments for the Festival of Trees
- Went Christmas shopping at Kmart
- Watched the holiday laser show at Horizons Unlimited



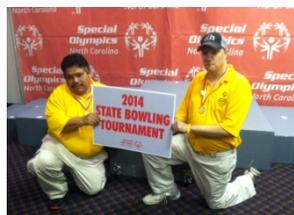
TRips

Adults with disabilities

Participants went to a basketball game at Catawba College in November. Catawba played Francis Marion University winning 86-72.

Special Olympics Bowling

- Local tournament was held on November 24th at Woodleaf Lanes. Everyone had a great time and each participant earned a ribbon.
- State Tournament was held December 7th in Newton. Athletes had a great experience earning medals and ribbons at the state level.



Program Highlights

Ramblers

Adults with visual impairments

- Painted ceramics
- Shared both a Thanksgiving and Christmas Pot Luck Dinner with friends and family
- Attended the Living Christmas Tree Musical Concert at First Baptist Church in Salisbury
- Went Christmas shopping at Sam's Club

Golf Ability Day

On Nov 5th at Corbin Hills Golf Club, golf pro Jay Hill taught participants some of the basics of golf. Participants were able to practice at the driving range as well as the practice green. Another program will be available in the spring of 2015.



Senior Games

Adults 50+

Our 2015 season starts in February with two of our annual events. First, the bridge tournaments, both Contract and Duplicate, will be held at Trinity Oaks. Then the lunch clubs' senior trivia competition will be held throughout Rowan County at the local nutrition sites. In March is our SilverArts program. Dates will be March 10-13, 2015 with a registration deadline of March 1, 2015. April is our Senior Games competition starting April 14, 2015 – May 14, 2015 registration deadline April 1, 2015.

Upcoming Events

January

1/16- Shaker's Dance 7-9pm, City Park

February

2/20- Shaker's Dance 7-9pm, City Park

Special Thanks

We want to give a special thank you to those who donated to help make our Holiday Happenings program possible.

Food Lion #1417
Harris Teeter #178
Jeff Germano
Linda Ewing

Saying Good Luck and Farewell

Our fall intern Anthony Hipps finished up his internship on December 5th. Anthony was a wonderful intern and gained valuable experience during his time here. We will continue to see Anthony around Salisbury as he has volunteered to be the Special Olympics basketball coach.

We want to wish Anthony well in his future endeavors in Therapeutic Recreation and good luck on his certification exam.



27th ANNUAL VIP PUTT PUTT GOLF TOURNAMENT *for individuals who are blind/visually-impaired*

Saturday, March 28
10:00am-2:30pm; shelter #6

Dan Nicholas Park
6800 Bringle Ferry Rd, Salisbury, NC 28146

Check-in begins 8:30am
Entry fee is \$5.00 per person

Free lunch to all participants & volunteers
Spectators, family/friends, staff, etc may purchase lunch for \$5.00

Registration deadline: March 6, 2015

For more information or to volunteer please contact Vernice Gallon, 704.216.7780 or vernice.gallon@rowancountync.gov