



TRec News

October/November/December 2016



Participant Photo Gallery....Who do You Know?

EXTRA!! EXTRA!! READ ALL ABOUT IT!!

What an exciting quarter it has turned out to be! The last few months of 2016 have offered participants in both seasonal and regularly scheduled programs a wide array of exciting activities and opportunities. We concluded Let's Play Ball with a crowd favorite pizza party and Special Olympics Bocce concluded with our 2nd Annual Bocce Invitational Tournament. We've had great outings to Historic Gold Hill and to a Catawba College football game.

As 2016 closes out we are beginning to look forward to a fun and exciting New Year of programs and activities. Be sure to look over our program flyers and sign up for our email list to stay informed about our 2017 programs.



For more information about participating or volunteering contact

Edward Hailey, LRT/CTRS
Therapeutic Recreation Specialist
Edward.Hailey@rowancountync.gov

Vernice Gallon, LRT/CTRS
Therapeutic Recreation Supervisor
Vernice.Gallon@rowancountync.gov



Save The Date!

29th Annual VIP Putt Putt Tournament

Saturday, April 8, 2017

10:00am-2:30pm; shelter #4

Dan Nicholas Park

6800 Bringle Ferry Rd Salisbury, NC 28146

Check-in begins 8:45am



Rowan County Special Olympics Bocce Invitational

As a partnership with Special Olympics Rowan County, our very own Edward Hailey coaches the Rowan County bocce team. Special Olympics Rowan and the Therapeutic Recreation Division hosted their 2nd Annual Bocce Invitational Tournament on 10/8/2016. Rains from Hurricane Matthew pushed the tournament inside but that didn't stop any of the fun. Along with the bocce tournament, athletes took part in playing corn hole, ladder ball, and dancing.



Special Olympics Bowling 2017



Dates: February 6, 13, 21, 27
March 6, 13, 20, 27
April 3
April 10- Local Tournament

Time: 10-11:30am (school-age athletes)
3:45-5:30pm (adult athletes)

Wood Leaf Lanes
1811 Jake Alexander Blvd

All Special Olympics athletes, returning or new, must have a current participation form and medical release form on file prior to the start of the bowling program.

Please contact
Jesse Byrd, Special Olympics Coordinator
704.636.0111
jbyrd@rowanymca.com
or
Vernice Gallon, bowling coach
704.216.7780
vernice.gallon@rowancountync.gov



"Let me win, but if I can not win, let me be brave in the attempt."

SOAR

RCCC Compensatory Education Class

The SOAR class enjoyed painting holiday themed ceramics at Ellis Park. For November the SOAR class traveled to Dan Nicholas Park to play putt-putt on our ADA accessible course.

Ramblers

Adults with visual impairments

Ramblers enjoyed a fun filled day of riding rides at the Winston-Salem Dixie Classic Fair along with eating their favorite fried fair foods. Then they enjoyed bowling at Woodleaf Lanes before attending the annual VIP Fishing Tournament hosted by The NC Lions Club. Their weeklong trip to the Outer Banks was full of fishing, sightseeing and catching up with old friends from around the state. After the scores from fishing were tallied, Sharon Weddington came in 1st on the Jeanette Pier and Diana Wellman came in 3rd aboard the Miss Oregon Inlet boat. Ramblers will close out November with pizza/games, ceramics, and lunch at Checkered Flag BBQ



Club Rec

Adults with disabilities

Club Rec has been busy these fall months with witch crafting slime making, and air band. They will finish out November with a trip to Dunkin' Donuts, visiting Horizons Unlimited for a laser show, complete a Thanksgiving themed crafts, and cookies n' coloring.



Program Highlights

RHA Carter House

Adult mental health consumers

RHA Carter House took a day to watch the other groups All 4 Arts play performances from May Menageries theatre production. They finished November with putt-putt at Dan Nicholas Park.

Lunch Clubs

Rufty Holmes Senior Nutrition Sites/Trinity Living Center

The lunch club participants worked their bodies while enjoying tailgate games: indoor golf toss, corn hole and toss across. Their minds were challenged with some fun and interesting activities of recall, reminiscing, and orientation to keep their brains fit.

TRips

Adults with disabilities

Participants traveled to Gold Hill for a haunted hayride and ghost tour. They learned about the old mining community and its history and then ended the night with good food and friends. The next TRips activity will be Holiday Happenings at Ellis Park.

All For Arts

Adults with disabilities

Participants are hard at work memorizing and rehearsing The Little Mermaid. This year's performance will once again take place at Carson High School. The performance will be in January 2017 with an exact date to be announced.



Rowan Transit
704-216-8899



Special Olympics
704.636.0111

Important Numbers



704-637-1521



704-647-0256



704-663-6223

Upcoming Events:

December

- 12/2-4 ARC Festival of Trees (F&M Trolley Barn)
- 12/9 ARC Christmas Party (City Park)
- 12/20 Holiday Happenings (Ellis Park)



January

- 1/20 Shakers Dance (City Park)

February

- 2/17 Shakers Dance (City Park)
- 2/25 Special Olympics Polar Plunge (Elks River Park)

Participant Spotlight

Let's introduce an all around awesome participant....Andy! Andy participates in Tuesday Club Rec and is one of our longest attending participants in the program. Here are a few fun facts about Andy.

What do you like best about participating in club rec?

- All the activities

What is your favorite recreation activity?

- Bocce and basketball

What do you do outside of parks and recreation programs?

- Hanging out with friends

What is your favorite food?

- Thanksgiving food



Drop in between 4-6:30pm and join the fun. Scheduled activities are arts and crafts, cake walks, indoor games, and photos in the reindeer scene. Light refreshments will be served.

For all individuals 16+ with a disability and their families.

Transportation Arrangements

You must provide your own transportation
Club Rec Tuesday & Thursday Program
3rd week participants will be picked up from RVO and brought to Ellis Park.
There will be no drop off service.
All participants must be picked up at Ellis Park.



When:

Tuesday, Dec 20, 2016
4-6:30pm (Drop In)

RSVP By
12/16/16

Location:

Ellis Park
3541 Old Mocksville Rd
Salisbury, NC 28144



For More Information Contact
Therapeutic Recreation Division
704-216-7780