

# Japan - How You Can Help

posted by Frank Thomason on Friday, March 11, 2011 12:00 AM

This Citizen Corps Notification is provided by FEMA's Individual and Community Preparedness Division

We would like to provide an update on the earthquake and tsunami that has impacted Japan and the U.S. Pacific Region. The Federal Emergency Management Agency (FEMA) is closely monitoring the affects of the earthquake and subsequent tsunami that struck Japan early this morning, and as directed by the President, FEMA is in close contact and coordination with state and local officials and stands ready to support them in any way needed, through our regional offices in the West Coast and in the pacific area.

FEMA is working in support of the [United States Agency for International Development \(USAID\)](#) who is the lead federal agency when it comes to responding to international disasters.

If you are looking for ways to help, you can **donate** to support Japan Tsunami Response by going to <http://www.interaction.org/>.

For additional information and updates on response efforts, you can go to the [USAID Disaster Assistance Website](#).

The immediate priority is the safety of the people and communities in the affected areas. We remind everyone who may know individuals who live in the region to monitor their local news for updates and directions provided by their local officials.

If you are concerned about the safety of friends or family and you cannot get in touch with them, you may contact the U.S. State Department.

If you are in Japan and you would like to contact the U.S. State Department, email [japanemergencyusc@state.gov](mailto:japanemergencyusc@state.gov).

If you are outside Japan and you would like to contact the U.S. State Department, email [pacifictsunamiusc@state.gov](mailto:pacifictsunamiusc@state.gov).

You can check the below sites for updates related to the earthquake and tsunami:

- [US Agency of International Development](#)
- [National Oceanic and Atmospheric Association](#)
- [National Weather Service](#)