



# *Sportz Skillz*

*for individuals (16+) with disabilities*

Do you like sports? Enjoy being active? Like spending time with friends?  
This program is for YOU! Sportz Skillz is an intro to sports program  
No prior experience needed.

## **Program Dates:**

**Thursdays 4p-5:15p**

**Session 1: Softball; 8/30/18 – 10/4/18**

**Session 2: Basketball; 1/10/19 – 2/2/19**

**Session 3: Soccer; 4/25/19 – 5/30/19**

To register or questions, contact the  
Therapeutic Recreation Division at  
704.216.7780

