



Media Release

For Immediate Release

06/14/2020

Rowan County Case Information:

<https://bit.ly/rowan-covid19-hub>

COVID-19 information contacts

Website: www.rowancountync.gov/covid-19

Email: covid-19@rowancountync.gov

Phone: 980-432-1800

Monday Drive-Thru Testing Cancelled

Due to the threat of rain and wind during the planned testing times, the drive-thru testing clinic planned for Monday, June 15th, 2020, at West End Plaza has been cancelled.

Deciding to Go Out

As communities and businesses are opening, you may be looking for ways to resume some daily activities as safely as possible. While there is no way to ensure zero risk of infection, it is important to understand potential risks and how to adopt different types of prevention measures to protect yourself and to help reduce the spread of COVID-19. As a reminder, if you have COVID-19, [have symptoms consistent with COVID-19](#), or have been in [close contact](#) with someone who has COVID-19, it is important to stay home and away from other people. When you can leave home and be around others depends on different factors for different situations. Follow the [CDC's recommendations](#) for your circumstances.

In general, the more **closely** you interact with others and the **longer** that interaction, the higher the risk of COVID-19 spread. So, think about:

- How *many* people will you interact with?
 - Interacting with **more** people raises your risk.
 - Being in a group with people who aren't social distancing or wearing [cloth face coverings](#) **increases** your risk.
 - Engaging with new people (e.g., those who don't live with you) also **raises** your risk.
 - Some people have the virus and don't have any symptoms, and it is not yet known how often people without symptoms can transmit the virus to others.
- Can you keep 6 feet of space *between* you and others? Will you be outdoors or indoors?
 - The **closer** you are to other people who may be infected, the **greater** your risk of getting sick.
 - Keeping distance from other people is especially important for people who are at [higher risk for severe illness](#), such as older adults and those with underlying medical conditions.

- Indoor spaces are **more risky** than outdoor spaces since it may be harder to keep people apart and there's less ventilation.
- What's the *length of time* that you will be interacting with people?
 - Spending **more** time with people who may be infected **increases** your risk of becoming infected.
 - Spending **more** time with people **increases** *their* risk of becoming infected if there is any chance that you may already be infected.

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Contact:

TJ Brown

704-216-8918

tj.brown@rowancountync.gov