

# Don't want to use a Fitbit to track your steps? Use Fitbit MobileTrack!

MobileTrack lets you use the Fitbit app without a Fitbit device by using your phone's sensors to track basic activity data including steps, distance, and calories burned.

For the latest list of devices that support the MobileTrack feature, visit <http://www.fitbit.com/devices>. Fitbit frequently adds support for new devices, so if yours isn't listed check back soon.



1. **Download the Fitbit app** to your smartphone here [App Store](#) or [Google Play](#)



2. When asked which tracker you're setting up, choose **"No Fitbit Yet"** option and follow the MobileTrack instructions.



3. Send an email to your program admin and request an invitation to the program by providing the following info:

- First and last name
- Full email address connected to your Fitbit.com account

For more detailed information and FAQs about MobileTrack, please visit our help article: <https://help.fitbit.com/articles/MobileTrack>

