Any illness can be difficult, but managing a chronic condition can seem like an uphill battle. The truth? Having a chronic illness doesn’t need to keep you from living a full, active life.

Healthy Outcomes Condition Care is designed to give you the support and information you need to improve your quality of life. It’s personal. It’s private. And it’s available at no additional cost if you have any of these chronic conditions:

+ Asthma
+ Coronary Artery Disease
+ Heart Failure
+ Diabetes
+ Chronic Obstructive Pulmonary Disease

Here’s what you can expect:
Condition Care offers a wealth of information that can help you:

+ Learn to recognize your symptoms and lessen their effects
+ Understand which treatments and medications work best for you
+ Live healthier and feel your best, every day

Whether or not you want to participate is completely up to you. Your privacy is important to us; your personal and health information is strictly protected.

To learn more or enroll in Healthy Outcomes Condition Care, call 1-800-260-0091 – or log in to BlueConnectNC.com and click on Wellness.