

ROWAN CREEK WEEK

Creek Week is a week-long celebration of local waters throughout North Carolina. This year, Rowan Creek Week will be September 17th-24th. In conjunction with multiple organizations and local municipal departments, Creek Week offers recreational, educational, and volunteer opportunities to allow everyone to enjoy and contribute to healthy waters in our area.

SPENCER'S BIG GREEN DEAL

For the reception, join the Town of Spencer at its new Town Hall (460 S. Salisbury Avenue, Spencer, NC 28159) for a reception and presentations on the Town's "Big Green Deal" happening in northern Rowan County's Big Green Nation – Spencer's grand vision for recreational and green spaces to connect the Yadkin River to Spencer and surrounding communities. Presentations will highlight the Town's Parks and Recreation Master Plan and projects such as the Yadkin River Park Trailhead, Park Plaza Park, Fred and Alice Stanback Educational Forest expansion, 8th Street Ballpark renovations, and future town greenway and bikeway plans.

PEDAL FACTORY BIKE RIDE

Join the Pedal Factory for a bike ride from downtown Spencer to the Yadkin River Park. Meet at Spencer Town Hall (460 S. Salisbury Avenue, Spencer, NC 28159) in Park Plaza. The peloton will depart promptly at 4:45 pm. Participants need to BYO bikes and helmets, or rentals are available. Advance signup is required. More information, contact the Pedal Factory at (704) 870-7145 or visit the Rowan County Creek Week Website: RowanCreekWeek.org

ROW CO RIVER ADVENTURES SUNSET PADDLE

Join Row Co River Adventures for a guided group sunset paddle along the Yadkin River. The group will meet and launch at the York Hill Boat Access at Yadkin River Park at 7:00pm. Approximate trip is a 2-mile, 1/2-hour, easy paddle. Row Co River Adventures will be providing kayak rentals for the event. Participants can rent a single kayak for \$15 and a double kayak for \$25. Have your own equipment? Join us at no cost. Advance signup is required. To book a rental please contact Nicky at Row Co River Adventures at (704) 433-1066 or email rowco@rowcoriveradventures.com. All proceeds will be donated to Rowan County Creek Week.



THE 1ST ANNUAL RACE TO THE RIVER 5K & FUN RUN

9.24.2022

ROWAN COUNTY
CREEK WEEK 2022

RACE TO THE RIVER 5K

Registration: runsSignup.com, Salisbury Rowan Runners website (salisburyrowanrunners.org), or check-in table the day of the event.

When: September 24th, 2022

Where: Spencer Town Hall
460 S. Salisbury Ave.
Spencer, NC 28159

Age Groups:

5K- 10 and under, 11-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

Fun Run: 12 and under

Price: \$20

If registered on RowanMoves.com, price is \$15
1/2 Mile Fun Run is \$10

Schedule of Events:

3:30 PM- Reception Start and Registration Opens at Spencer Town Hall with Medication-Take Back and other booths

4:45 PM- Pedal Factory Bike Ride starts in downtown Spencer

5:00 PM- 5K Starts at Spencer Town Hall

6:00 PM- Fun Run Starts at Wilcox Bridge at Davidson County River Park

6:15 PM- Awards at Wilcox Bridge at Davidson County River Park

7:00PM- Paddle Starts with Row Co River Adventures at Wilcox Bridge at Davidson County River Park

Awards:

Top 3 Overall for 5K M/F

First place award in each age group

1/2 Mile Fun Run Top 3 ages 12 and under

Shirts: Each participant will receive a t-shirt.

Transportation will be provided back to Spencer Town Hall

MEDICATION TAKE BACK EVENT

The Town of Spencer, Spencer Police Department, Rowan County Government's Soil and Water Conservation District, the Rowan County Sheriff's Department, Rowan County Public Health and HOPE Rowan will be hosting a Medication Take-Back from 3:30-5:00 PM the day of the race. For more information on the types of medication you can drop off, please visit the Rowan County Public Health website, found [here](#).

RACE TO THE RIVER 5K

Rowan Creek Week's first annual Race to the River 5K will begin near Spencer's Town Hall at the intersection of S. Yadkin Avenue and 4th Street in Spencer. The race will end at the old site of the North Carolina Finishing Plant at the Yadkin River – site of Spencer's future Yadkin River Park Trailhead.

RACE TO THE RIVER FUN RUN

Following the 5K, a ½ mile fun run will be held, starting at the Yadkin River Park (1212 Wil-Cox Way, Linwood, NC 27299) on the Davidson County side of the Wil-Cox Bridge. Runners will run across the Wil-Cox Bridge to the Rowan County side.

Following the races, join us at the Yadkin River Park for awards, refreshments, and entertainment.

COURSE

Race will start behind Spencer Town Hall heading Northeast on S. Yadkin Avenue towards 5th Street. Runners will turn right onto Cain St, and then take a left onto US-29 North until they reach the finish.

SPONSORS

