

**ROWAN COUNTY
HUMAN RESOURCES**

JOB DESCRIPTION

Job Title : Nutritionist II
Department: Health
Revised : September 2019

Class : Professional
FLSA : Non-exempt

This job description supersedes any prior description for the Nutritionist II classification.

GENERAL DESCRIPTION

Professional public health work in nutritional assessment and counseling primarily for recipients of The Special Supplemental Nutrition Program for Women, Infants, and Children known as the WIC Program. Supervision is received from the Nutritionist III who reviews work through analysis of reports submitted, observation, and periodic evaluation. This level is distinguished from the Nutritionist I by the application of nutritional services to clients, theories and concepts, depth of nutritional assessment and counseling, and/or by the lead worker function.

ESSENTIAL JOB FUNCTIONS (Any one position may not include all of the duties listed, nor do the listed examples include all tasks which may be found in positions of this class.)

Develops nutrition educational materials.

Provides individual normal and therapeutic nutritional assessments by evaluating the clients' anthropometric and biochemical measurements, socioeconomic conditions, and diet history; analyzes clinical and nutritional data in order to prescribe appropriate supplemental foods based upon the clients' nutritional needs and food preference; develops care plans and documents a food prescription in the medical record; confers with other health professionals to assure continuity of care. Refers clients to other programs such as the Breastfeeding Peer Counselor Program and other programs based on clients' needs.

Counsels clients in-depth concerning therapeutic diets, developmental processes, programmatic parameters, nutrition principles, and breast-feeding.

Provides nutritional training and consultation to paraprofessional and professional staff, as well as community agencies and groups.

Evaluates clients who may have chronic medical problems such as renal disease or diabetics, or have relatively complex nutritional needs.

Attends required trainings such as WIC Civil Rights Trainings, Breastfeeding Supplies Competency Training, Breastfeeding Peer Counselor Quarterly trainings specifically by Breastfeeding Peer Counselor Program Manager.

Breastfeeding Coordinator manages breast pump loan program and breastfeeding supplies; performs quarterly inventory of breastfeeding supplies (Feb, May, Aug, Nov).

OTHER JOB FUNCTIONS

Maintains a variety of records; prepares a variety of reports.

Performs related duties as required.

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Management reserves the right to add or amend duties at any time.

KNOWLEDGE, SKILLS, AND ABILITIES

Considerable knowledge of accepted principles of normal and therapeutic nutrition.

Considerable knowledge and skill in nutrition and dietary assessment techniques (anthropometric, biochemical, clinical, and dietary), and interpretation of data.

Knowledge of interrelationships between health and social service programs, and of appropriate community resources for referral of clients.

Knowledge of human behavior and techniques for affecting behavior change.

Skill in writing clear, concise entries using the protocol for progress notes in clients' health/medical records.

Ability to interview and provide counseling, and to be persuasive.

Ability to understand an individual's socioeconomic status and lifestyles with respect for individual differences.

Ability to monitor and maintain quality standards of nutrition care using current standards of practice.

Ability to utilize various computer software applications including WIC Crossroads, Munis, Microsoft Word, Excel, and PowerPoint with proficiency.

Ability to organize and manage time and resources.

Ability to communicate effectively, both orally and in writing.

Ability to establish and maintain effective working relationships with staff and the general public.

PHYSICAL REQUIREMENTS

Work is primarily sedentary in nature. Physical requirements include sitting for extended periods of time, walking, bending, stooping, and lifting books and files of approximately 35 lbs or less. Work may include extended periods of time viewing a computer video monitor and/or operating a keyboard. Work may include operation of a motor vehicle. Employee is not substantially exposed to adverse conditions or hazardous materials.

EXPOSURE CONTROL

Work activity does not entail predictable or unpredictable exposure to blood or body fluids.

MINIMUM EXPERIENCE AND TRAINING

Registered Dietitian with the Commission on Dietetics Registration; or a Master's Degree from an accredited college or university in Dietetics, Public Health Nutrition, or Nutrition; or graduation from a Commission on Accreditation for Dietetics Education-approved Didactic Program in Dietetics and two years of nutrition experience; or a Bachelor's Degree from an accredited college or university in any subject, Dietetic Technician, Registered with the Commission on Dietetics Registration, and two years of nutrition experience; or a Bachelor's Degree from an accredited college or university in Dietetics, Public Health Nutrition, or Community Nutrition and two years of nutrition experience.

This job description does not create an employment contract, implied or otherwise.