

# Rowan County Senior Games

## 2026 Official Registration Form

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone contact: \_\_\_\_\_ Cell phone: \_\_\_\_\_

Emergency contact: \_\_\_\_\_ Phone: \_\_\_\_\_

(circle) Male      Female      Age as of 12-31-2026 \_\_\_\_\_

This is my first Senior Games       Yes       No

### **Liability Waiver Must be signed prior to practice or competition!**

The undersigned, in consideration for being allowed to participate in any and or all of the Rowan County Senior Games, including any events and/or activities related thereto, does hereby release and fully discharge all person, firms, corporations, municipalities and employees, charitable organizations, recreational and educational facilities, other participants, sponsors, owners and/or lesers of premises upon which a particular event is occurring, from any and all liability arising by virtue of any claim, demand, loss or damage sustained by the participant on account of injury to person (including death) and/or property, caused or alleged to be caused or alleged to be caused in whole or in part by any activity engaged in by the participant in the Rowan County Senior Games, or in preparation therefore, and the undersigned further waives any cause of action with respect thereto. The undersigned further acknowledges that the Rowan County Senior Games may involve strenuous activity resulting in the possibility of severe illness, injury, disability, or even death, which risk the participant hereby assumes in all respects. The undersigned acknowledges the risk of in person activities. **The undersigned has read this Waiver and Release thoroughly, and by signing this document, acknowledges a voluntary waiver of substantial rights.**

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Must be signed and returned**

Mark the event in which you wish to participate. Please refer to schedule for times.

**Individual Sports:**

<input type="checkbox"/> Archery	<input type="checkbox"/> Recumbent Cycling 1M
<input type="checkbox"/> Basketball Shoot	<input type="checkbox"/> Recumbent Cycling 5k
<input type="checkbox"/> Football Throw	<input type="checkbox"/> Recumbent Cycling 10k
<input type="checkbox"/> Bocce	<input type="checkbox"/> Horseshoes
<input type="checkbox"/> Cornhole	<input type="checkbox"/> Miniature Golf
<input type="checkbox"/> Cycling 1mile	<input type="checkbox"/> Disc Golf
<input type="checkbox"/> Cycling 5k	<input type="checkbox"/> Softball Throw
<input type="checkbox"/> Cycling 10k	<input type="checkbox"/> Shuffleboard
<input type="checkbox"/> Trike 1M	<input type="checkbox"/> Trike 10K
<input type="checkbox"/> Trike 5K	
<input type="checkbox"/> 1 Mile Fun Walk (Dan Nicholas Park)	

**Track & Field**

<input type="checkbox"/> Discus	<input type="checkbox"/> 800 M Run
<input type="checkbox"/> Shotput	<input type="checkbox"/> 1500 M Run
<input type="checkbox"/> 50M Dash	<input type="checkbox"/> 5 K Run
<input type="checkbox"/> 100 M Dash	<input type="checkbox"/> 10 K Run
<input type="checkbox"/> 200 M Dash	<input type="checkbox"/> 1500 M Race Walk
<input type="checkbox"/> 400 M Dash	<input type="checkbox"/> 1500 M Power Walk
<input type="checkbox"/> Long Jump-Standing	<input type="checkbox"/> 5 K Power Walk
<input type="checkbox"/> Long Jump-Running	<input type="checkbox"/> 5 K Race Walk

**Swimming:**

<input type="checkbox"/> 50yd Freestyle	<input type="checkbox"/> 100yd Butterfly
<input type="checkbox"/> 50yd Backstroke	<input type="checkbox"/> 200yd Freestyle
<input type="checkbox"/> 50yd Breaststroke	<input type="checkbox"/> 200yd IM
<input type="checkbox"/> 50yd Butterfly	<input type="checkbox"/> 200yd Backstroke
<input type="checkbox"/> 100yd IM	<input type="checkbox"/> 200yd Breaststroke
<input type="checkbox"/> 100yd Freestyle	<input type="checkbox"/> 200yd Butterfly
<input type="checkbox"/> 100yd Backstroke	<input type="checkbox"/> 400yd IM
<input type="checkbox"/> 100yd Breaststroke	<input type="checkbox"/> 500yd Freestyle

**Team Sports:**

<input type="checkbox"/> Women's 50+ Basketball	
<input type="checkbox"/> Women's 60+ Basketball	
<input type="checkbox"/> Men's 60+ Basketball	
<input type="checkbox"/> Women's 50+ Softball	
<input type="checkbox"/> Women's 60+ Softball	
<input type="checkbox"/> Men's 70+ Softball	

**Bowling:**

<input type="checkbox"/> Singles
<input type="checkbox"/> Doubles
<input type="checkbox"/> Mix Doubles

List Partners:

**Tennis:**

<input type="checkbox"/> Singles
<input type="checkbox"/> Doubles
<input type="checkbox"/> Mix Doubles

List Partners:

**Table Tennis:**

<input type="checkbox"/> Singles
<input type="checkbox"/> Doubles
<input type="checkbox"/> Mix Doubles

List Partners:

**Pickleball:**

<input type="checkbox"/> Singles
<input type="checkbox"/> Doubles
<input type="checkbox"/> Mix Double

List partners:

**Golf**

**Warrior Golf Club**

**Shot Gun 9:30AM 18 holes with cart & lunch \$50.00**

**List foursome:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Senior Games Registration Fees

**All fees must be paid by check or money order only.  
No cards accepted.**

## **General Registration Fee**

Rowan County resident fee      **\$15.00**      \$ \_\_\_\_\_  
Non-Rowan County resident fee      **\$20.00**      \$ \_\_\_\_\_

## **Additional Event Fees**

## **Cycling:** Online payment to Mecklenburg County P&R web page

**Total amount enclosed \$** \_\_\_\_\_

Would you like to RSVP for the Victory dinner on 5/14/26? YES NO

**Will you be bringing a guest? YES NO**

**Please make check payable to Rowan County Senior Games**

**Mail: Signed entry to: Rowan County Senior Games  
3541 Old Mocksville Road  
Salisbury, N.C. 28144**